



Current emergency department staffroom



Design concepts for staffroom updates

## Help us transform the Emergency Department staffroom at Canmore General Hospital

Canmore General Hospital and its incredible staff have impacted each of our lives. Every day our health care providers work tirelessly to ensure that we have access to world-class care right here in the beautiful Bow Valley.

We are so pleased to have the opportunity to show our appreciation. The generosity of supporters like you, makes it possible for the Canmore Hospital Foundation to meet the needs of our front-line workers.

**Your financial contribution of \$20,000 will ensure that the staffroom for the emergency department at Canmore General is transformed into restful & functional space for health workers.**



It is essential to provide space for “healthcare professionals on the front lines of patient care to take a break, rest, de-stress and reenergize. Recharge rooms are one way to help caregivers take care of themselves, providing a respite from the stress and trauma they face throughout their shifts.” David Putrino, PT, PhD, director of innovation for the department of wellness and resilience at Mount Sinai Healthcare System in New York

## An Oasis from Stress

Thank you for considering a gift to the Canmore Hospital Foundation

There are three staff rooms at Canmore General Hospital, that all required revitalization. These include the main/nurses staffroom and dedicated spaces in the emergency department and long-term care.

Hospital staff identified their needs for these spaces as follows:

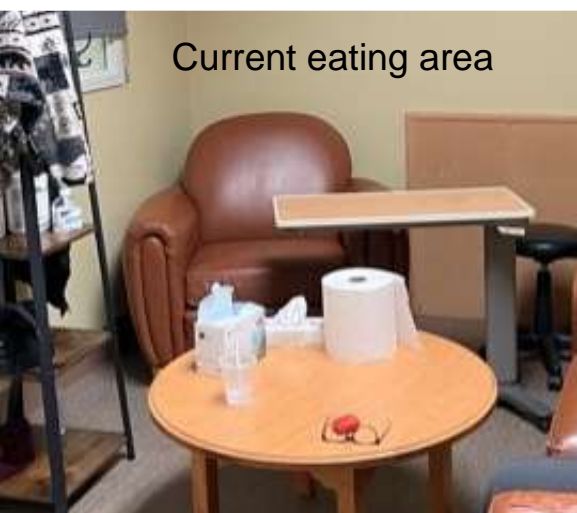
- Transitional furniture with sleep options
- Eating area with tables and chairs
- Food preparation and storage area
- Storage for personal items, work clothes/shoes and seasonal attire
- Focused lighting with dimmers
- Aesthetic that is calm and relaxing

Through the generosity Nest Design, Compass Design Co, Castle Mountain Furniture and the Doyon family the “main” staffroom and LTC staffroom have been transformed.

“Our family has received exceptional healthcare and medical attention over the 20+ years we've been living in the Bow Valley,” said Pierre Doyon, “Our donation to enhance the staff rooms is one way to say thank you to the people directly responsible for all the good they have done and continue to do in delivering compassionate and competent health care in the Bow Valley.”



Current emergency department staffroom kitchen area



Current eating area

← From this



To this →



## Providing Respite through support

The cost of transforming the Emergency Department staff room is \$20,000.00 including:

- Neutral paint
- Sofas and chairs that recline
- Updated food preparation area with storage
- Working microwave, toaster, and coffee maker
- Tables and chairs for eating
- Lighting that can be controlled
- Storage with space for shoes, coats and personal items
- Working television
- Plants, artwork and other soothing decorative elements

## Thank you for your Consideration

A donation to the Canmore Hospital Foundation **makes a significant difference to the health care workers at Canmore General Hospital** that make sure the physical and emotional needs of patients are met.

We look forward to discussing the opportunity to welcome you as a partner. Your contribution will ensure that the hard-working staff at Canmore General Hospital understand how much their dedication means to all of us. The transformation of the staffroom into a space that meets the needs of healthcare workers is not only a way to say thank you but to support the delivery of high-quality health care in the Bow Valley.

## Canmore Hospital Foundation

The Canmore Hospital Foundation is a registered charity, separate from the Canmore General Hospital.

Funds raised by the Foundation through the generosity of our donors does not replace base funding through Alberta Health Services but enhance the patient care provided by the hospital through equipment purchases, programs, staff education and improvement of facilities.

We have been a staple of the health community in the Bow Valley area for 20 years and through the generosity of our community we have raised over \$8 million dollars.

## Contact Canmore Hospital Foundation

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